

1st Floor Conference Room

Boone County Hospital

- I. Call Meeting to Order:** by Dr. Mehlhaus at 5:30 pm
- II. Attendance:** Present: Dr. Mehlhaus, Shawn Bryant, Gary Nystrom, Kristine Johansen and Kriss Haglund.
Additional Attendees: Debi Pestotnik, Ed Tharp.
- III. Changes & Approval of Previous Meeting Minutes 11/07/2022**
 - Motion by Kristine Johansen, 2nd by Kriss Haglund to approve minutes as submitted. Vote was unanimous, Motion carried.
- IV. Changes & Approval of Meeting Agenda**
 - Motion by Gary Nystrom, 2nd by Kristine Johansen to approve agenda as submitted. Vote was unanimous, Motion carried.
- V. Open Public Hearing(s) and Consideration of Request(s)**

None
- VI. Unfinished (Old) Business**
 - A. Opioid Settlement Remediation – Presented by Steve Duffy (11/07/2022)

The board talked about how to proceed with Public Education for Adults and Youth to keep people from misusing opioids. They also talked about proper disposal of patches and pills. Dr. Mehlhaus and Shawn Bryant discussed the amount of money that will be provided to the program and were not sure on the amount. Shawn Bryant then made a motion to table the discussion until 03/20/2023 the next Board of Health meeting to give them time to get the exact amounts to properly promote the program. Gary Nystrom 2nd to table the discussion until the next meeting. Vote was unanimous, Motion carried.

VII. New Business

- A. Claudia Schmugge – Prevention Specialist for Community and Family Resources of Ames and Boone County. Presentation.

Claudia gave a presentation on Quitline Iowa Promotion. The My Life My Quit- Nicotine Cessation Program for Youth and Adults. This program targets underage use and prevention of Tobacco, Vaping, Marijuana, Alcohol and Problem Gambling. She also talked about Boone Safe Coalition and how it focuses on substance abuse and prevention and education. Boone and Story Community Partnerships for Protecting Children. It works to reduce negative childhood experiences, promote responsibility in protecting children, and building safety networks. She also talked about Boone County Opioid Prevention training and education for Youth and Adults. Overdose Awareness Day Events with Drug Overdose Training and Narcan vouchers. Claudia also gave a handout to all the board members of County wide Substance Use Data of Youth and Adults. It included percentage numbers of each substance by Youth and Adult use. Out of 99 counties, Boone is ranked number 22 for opioid overdose in a study by IDPH in 2019.

VIII. Department Update

- A. Public Health Department Report, Debi Pestotnik.

Debi Pestotnik gave a brief Public Health Department report. She updated the Board on the Ebola outbreak and said that it was over. They will keep providing education, but no follow up. She stated that Covid has slowed down, but there was a new variant coming out. She did not know if it was going to be worse or not. She said that children are not getting immunized like they should for all the other diseases.

B. Health and Sanitation Department Report.

Ed Tharp, Code Enforcement Officer gave an update on the Wastewater Infrastructure Grant and said that they have installed 25 of the 27 approved septic systems and are still waiting on 22 for approval. He also stated that there has been minimal Illegal Dumping so far this season. He brought up the possibility of moving the Board of Health meeting back to the Boone County Courthouse. The board members discussed the move of the board meeting location. A motion by Kriss Haglund to move the meeting to the courthouse and was 2nd by Gary Nystrom. Vote was unanimous, Motion carried.

IX. Adjournment

Dr. Mehlhaus entertained a motion to adjourn. Kristine Johansen moved for adjournment, 2nd by Shawn Bryant to adjourn the meeting at 6:35 pm. Motion carried.

Next Meeting March 20th, 2023 5:30 p.m. at Boone County Courthouse: 4th Floor Conference Room.

Respectfully Submitted

Ed Tharp, Secretary.